



CHOOSING A CONFIRMATION SPONSOR

Why you will need one and what you should consider in choosing your Confirmation Sponsor

Why a Sponsor?

From the early days of the Church, a sponsor provided spiritual support and represented the larger community.

A Sponsor takes an active role in your faith life and journeys with you.

A Sponsor stands with you and presents you to the Bishop during the Rite of Confirmation.

Sponsor Criteria

To show the close relationship between Baptism and Confirmation, the Church recommends that you choose one of your baptismal godparents to act as your Sponsor. This may not always be possible, so when choosing your Sponsor, be aware of the following general criteria:

- ◆ Someone close to you with whom you can talk about your faith life;
- ◆ An authentic witness to the Gospel life;
- ◆ A baptized, confirmed Catholic who attends Mass and receives Eucharist regularly;
- ◆ A practicing Catholic who, whether single or married, follows the Church's rules regarding marriage and the single life, and
- ◆ Is at least 16 years of age.

The sponsor will be required to be present with you at the Confirmation Vigil the Thursday evening before Confirmation. The sponsor will also be sent a set of questions and asked to set up a special time with you to talk about them. The sponsor will then send us a note confirming that they have had the conversation with you.

Adapted from: The Spirit Sets Us Free, Sadlier, 2000.